

**LOCAL NUMBER. LOCAL SERVICES.**

Are you or someone  
you know affected by an

**Eating  
Disorder?**

Looking for Youth  
or Adult services?

No referral required.

Programs provided  
Free of charge.

Call us toll free.

**1.855.969.5530**

This is NOT A CRISIS NUMBER. Phones will be answered on  
weekdays from 9-5 with after hours voicemail.



*Working together for healthier communities.*



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**Teen Health**

Windsor Essex  
Community Health Centre

Centre de santé communautaire  
de Windsor Essex

*Supporting the Vulnerable*